



IONIAN VILLAGE FAMILY CAMP PRE-DEPARTURE ESSENTIALS

Use this list to help you shop and pack for the summer. Please keep in mind that Ionian Village Family Camp is an Orthodox Christian Camp, and that the program resides in an Orthodox country. As an Ionian Village participant, you are a representative of the Greek Orthodox Archdiocese of America and should dress appropriately.

- ✓ Toiletries should include soap, toothbrush, toothpaste, shampoo, etc. and whatever you need for daily grooming. If you will be using a hair-dryer, or any other electrical appliances, you will need an adaptor for a **220V** current.
- ✓ Clothing should be practical and include a nicer outfit for church and our farewell dinner. Each Sunday for Divine Liturgy at camp, as well as when we visit nearby churches and monasteries, we ask that you wear appropriate church attire. **For women, appropriate wear for church is a below the knee length dress or skirt and no sleeveless tops. For men, appropriate wear for church is a nice dress shirt and pants.** Ties and jackets are not required, but are welcome if participants wish to bring them.
- ✓ **Women and girls will need one wrap around (below the knee) length skirt** to wear on top of shorts while visiting churches and monasteries. **Men and boys will need a pair of pants (not jeans or sweats)** to put over shorts for the same purpose. Loose fitting khaki style pants are recommended. For trips off campgrounds, please do not wear sleeveless shirts, tank tops and cut-off shorts.
- ✓ Comfortable casual clothes for traveling and playing sports – please make sure that it is in good taste. Modest style tops and Bermuda-type shorts are ideal. Tank tops and other sleeveless shirts must not be low cut and cover the mid-section. The bottom of your shirt must touch the top of your pants. **Tube tops, Cut-off shirts, open back shirts and midriffs are not allowed at all. Clothing with inappropriate logos, profane or sexually explicit language or images, or clothing that promotes or depicts illegal activity is not allowed.** Swimwear must be in good taste. Girls and women must wear one piece bathing suits that cover the stomach (**No bikinis or tankinis**), and boys and men must wear loose fitting swim trunks that fall at least to mid- thigh.
- ✓ Sandals, good walking shoes for climbing, and a pair of sneakers. Sunscreen, a hat, and a UV-blocking pair of sunglasses are recommended as well.
- ✓ Two flat twin size sheets and one pillowcase for each family member.
- ✓ The essentials, including underwear, socks, a pair of light pajamas, a bathrobe (*the bathrooms are in a separate building*), a bath towel, a face towel, wash cloth, beach towel, and a pair of flip-flops for the shower.
- ✓ A light jacket, a sweater, and long pants or jeans for those breezy Greek evenings.
- ✓ To ensure proper safety while traveling abroad, the Travel Bureau recommends not wearing articles of clothing which stand out as Touristy (*American Flag, T-shirts from various Clothing stores, etc.*)
- ✓ Camera (don't forget extra film/memory cards and batteries). Ipods and MP3 players are your responsibility. We encourage you to take a vacation from these items while at camp however we recognize some people may want them for the bus trips.
- ✓ Keep jewelry to a minimum. It's your responsibility!
- ✓ For families traveling with little ones, please bring a car seat and if needed a pack and play crib and any other items needed to make them comfortable on this trip.

Do I need a cell phone?

No. If you choose to bring one, keep it turned off during the camp program and travel to different churches in order to maintain the serenity of the camp. You will have access to a pay phone at camp.

Will I be able to do laundry?

Yes. You are allowed to do use the washing machine but your clothes will need to be hung to dry. We will have a sign up sheet at camp to reserve the washer. You can buy detergent and clothes pins at the camp store.

Can I bring a musical instrument?

Yes. Musical talent is encouraged and appreciated. Keep in mind that these items are your responsibility.

What should I leave at home?

Illegal drugs, alcohol, tobacco products, weapons (*of any kind*), cell phones. If you are a smoker and must smoke at camp, there will be a designated area to do so.

What type of money should I bring?

As you all know, the currency in Greece is now the Euro. We will offer participants a chance to exchange money during the first few days at camp. Participants may also use an ATM card to make withdrawals on trips, however, ATMs will not be available on every travel day (small villages, monasteries, etc). As always, Traveler's Checks are an excellent way to travel with money.